



IATSE 891 RECONCILIATION, EQUITY DIVERSITY AND INCLUSION MEMBER SUPPORT TOOLS AND RESOURCES

QUESTIONS? REDI@IATSE.COM

Crisis Phone Lines

Benefits of Film Employee and Family

Assistance Program (EFAP) - 1800-667-0993

The IATSE Local 891 Employee and Family Assistance Program (EFAP) is a confidential and voluntary counselling support service that provides you and your family with the help you need to resolve a wide range of personal, work-related, health and life issues. Even if you are a retired member, or not covered under the union's health benefits plan, you can use the EFAP.

Indian Residential School Survivors Society (IRSSS) - 1800-721-0066

The Indian Residential School Survivor Society (IRSSS) strives to provide physical, emotional, intellectual, spiritual growth, development, and healing through cultur-ally-based values and guiding principles for Survivors, Families, and Communities. The Society assists Survivors and their families and communities with counselling, court support, information, referrals, workshops, and more.

KUU-US Crisis Line Society - 1800-588-8717

Adults - 250-723-4050 Youth - 250-723-2040

Métis Line - 1-833-MétisBC

A 24/7 crisis phone line dedicated to providing culturally safe help for Indigenous people by Indigenous people.

Other Resources

Resilience BC – Anti Racism Network - www.resiliencebc.ca

We see a future free from racism and hate. The Resilience BC Anti-Racism Network is bringing communities together to make this vision a reality. End Racism and Hate: Your Right. Your Responsibility.

Qmunity - www.qmunity.ca

Qmunity is a community-based resource and support centre offering two levels of counselling and other resources for 2SLGBTQIA+ communities of all intersections.

Healing in Colour - www.healingincolour.com

Healing in Colour envisions a world where IBPOC, have access to therapy that supports healing and liberation.

National Queer & Trans therapists of Colour Network - www.nqttn.com

National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization committed to transforming mental health for queer and trans people of colour (QTPOC).

BC Crisis Centre - 1800-784-2433

- 604-310-6789 - 604-872-3311

Help is available! the Crisis Centre is open – 24 hours a day, 7 days a week.

If you or someone you know is having thoughts of self harm or suicide, you are not alone.

These phone lines are available in over 140

languages using a language service. Let them know

which language you require, and they will try and

provide an interpreter

Canada Suicide Prevention

Service - 833-456-4566

Asking for help can be hard. The CSPA offers a safe place to talk - any time, in your own way. If you are having thoughts of suicide, you don't have to face them alone. This is a safe and judgement free place to talk.

Their responders are ready to listen to you, support you, and keep you safe, 24/7/365.

You can also access help by sending a text to 45645 between 1pm and 9pm, 7 days a week

Other Resources

Black Youth Helpline www.blackyouth.ca

Black Youth Helpline is a resource for Black Youth positioned to and resourced to promote culturally appropriate support for youth, families and schools